

**University Urgicare**

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**Dear Patient or Guardian:**

New Jersey Law requires each Asthmatic student in our school district to have an Individual Emergency Asthma Treatment Care Plan completed by your physician. This Treatment Plan will be utilized in the event your child has had an asthma flare-up at school.

Please take this packet to your child's physician. Attached are forms regarding medication administration, which are to be completed by yourself and your physician.

**Dear Physician:**

NJ state law states that "each student authorized to use asthma medication or a nebulizer pursuant to N.J.S.A. 18A: 20-12.3, have an asthma treatment plan prepared by the student's physician, which shall identify at a minimum, asthma triggers and an individualized healthcare plan pursuant to N.J.A.C. 6A: 16-2.1(a), for meeting the medical needs for the student while attending school or a school-sponsored event."

Your patient has been identified to be in need of an Individual Asthma Emergency Treatment Plan. In an effort to simplify the paperwork, I have developed an Asthma Treatment Plan for your review. This is an emergency care plan that will be utilized in the event your patient has an asthma flare-p while at school.

If you are interesting in using this plan, please complete the appropriate sections and return the form. If this plan is not acceptable please, submit an alternate plan, which contains information regarding known asthmatic triggers, current medication and emergency treatment instructions.

In addition, please complete the: *AUTHORIZATION FOR ADMINISTRATION OF ASTHMA PRESCRIPTION MEDICATION* Form.

Pre-event and post-event consultation, treatment and counseling will be provided at University Urgicare.

If you have any questions, please contact me at my office.

Sincerely,

Sathesh Porur Evalappan, MD

## Individual Asthma Emergency Treatment Plan

Student's Name: \_\_\_\_\_  
Student's DOB: \_\_\_\_\_

Grade: \_\_\_\_\_  
Date: \_\_\_\_\_

Physician's Name: \_\_\_\_\_ Telephone Number: \_\_\_\_\_

### Known Triggers:

\_\_\_\_ Colds/Flu

\_\_\_\_ Exercise

\_\_\_\_ Allergens: \_\_\_\_\_ Dust Mites, Dust, \_\_\_\_\_ Stuffed Animals, Carpets  
\_\_\_\_ Pollen, Trees, Grass, Weeds \_\_\_\_\_ Mold  
\_\_\_\_ Pets - Animal dander \_\_\_\_\_ Pests - Rodents, Cockroaches  
\_\_\_\_ Odors: \_\_\_\_\_ Cigarette smoke \_\_\_\_\_ Smoke from burning wood, material  
\_\_\_\_ Perfumes, Cleaning products, Scented products  
\_\_\_\_ Weather: \_\_\_\_\_ Sudden temperature changes  
\_\_\_\_ Extreme Weather Temperatures (Hot or Cold)  
\_\_\_\_ Ozone alert days

\_\_\_\_ Foods: \_\_\_\_\_

\_\_\_\_ Other: \_\_\_\_\_

### Current Asthma and Allergy Medications :( meds/ dosages/frequency)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### Treatment instructions:

1. In the event of an asthma flare-up, the student will report to the school nurse for assessment. If the student has previously been designated to self-administer a rescue MDI, he or she will be allowed to utilize their MDI until medically evaluated by the school nurse. A Parent/Guardian will be contacted.
2. The School Nurse will assess the student and if the student requires treatment for Asthma, **administer Albuterol 0.083% 2.5mg in 3ml unit dose Nebulizer Solution every 15min as needed for up to 3 doses.** The student's disposition (i.e. whether he/she can remain at school or be sent for medical evaluation) will be dependent on this initial treatment outcome.
3. If after 3 nebulizer treatments the student is still symptomatic you may continue to administer **Albuterol 0.083% 2.5mg in 3ml unit dose Nebulizer Solution every 15min** while waiting for transportation to their primary physician or ER depending on the severity of symptoms.
4. If the student (who remained at school after the first course of treatment) develops a flare-up of symptoms later that day, treatment protocol will be re-instituted; the student will not be allowed to remain in school and must be referred to their primary physician or ER depending on the severity of symptoms.
5. If respiratory distress is part of an anaphylactic reaction, administer Epinephrine and Diphenhydramine as per the school's standing orders or individual student orders if available. Call EMS ASAP.

Signature of Physician: \_\_\_\_\_ Date: \_\_\_\_\_  
Physician Stamp: \_\_\_\_\_



**AUTHORIZATION FOR ADMINISTRATION OF  
ASTHMA PRESCRIPTION MEDICATION**

**RECOMMENDATIONS ARE EFFECTIVE FOR THE CURRENT SCHOOL YEAR ONLY  
AND MUST BE RENEWED ANNUALLY**

Student Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Grade: \_\_\_\_\_  
Emergency Contacts: (Name and Phone#s): \_\_\_\_\_

**I. Parental/Guardian Consent for Administration of Asthma medication**

\_\_\_\_ I request that my child be **ALLOWED** to carry and self-administer in school, his asthma medication listed below pursuant to N.J.S.A. 18A:40-12.3 and 12.4. I give permission for my child to self-administer his/her medication, as prescribed on this form for the current school year. I consider him/her to be responsible and capable of transporting, storing and self-administering the medication. I understand that the school district, agents and its employees shall incur no liability as a result of any condition or injury arising from the self-administration by the student of the medication prescribed on this form. I indemnify and hold harmless the School District, its agents and employees against any claims arising out of self-administration or lack of administration of this medication by the student.

\_\_\_\_ I do not request that my child self-administer his asthma medication. I request that my child be assisted in taking the medication described below at school by the School Nurse or other individuals authorized to administer medication to students in school pursuant to N.J.A.C.:6A:16-2.3. I understand the ultimate responsibility for administration of the medication is mine, and I am fully aware that the duties of the school nurse and others may require their presence at another location at the time that the medication is needed. I understand that the school district, agents and its employees shall incur no liability as a result of any condition or injury arising from the administration or lack of administration of the medication prescribed on this form. I indemnify and hold harmless the School District, its agents and employees against any claims arising out of administration or lack of administration of this medication.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Telephone

\_\_\_\_\_  
Date

**II. Healthcare Provider Order:**

Name of medication: \_\_\_\_\_

Dosage: \_\_\_\_\_ Route: \_\_\_\_\_ Frequency: \_\_\_\_\_

For Student Self Administration:

\_\_\_\_ This student has been instructed in and is capable of proper method of self-administration of the medication prescribed above.

\_\_\_\_ This student understands the purpose, appropriate method and frequency of use of the medication prescribed above.

\_\_\_\_ This student is **not** approved to self-medicate

\_\_\_\_\_  
Physician's Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

Office Stamp:

This form must be individually completed for all medications.

Medications are to be brought to school by the parent in the **original container**, labeled appropriately by the pharmacy. All medications **will be kept** in a locked storage area.

Approved by School Nurse (signature and date): \_\_\_\_\_

Approved by School MD (signature and date): \_\_\_\_\_

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